

FIRST STEPS

KEEPING KIDS' FEET HEALTHY AND HAPPY




Draw a picture of a shoe that you'd like to wear!

Name: _____

Can you match the shoe to its owner?



Foot Facts

-  The average person will walk about 115,000 miles in a lifetime. That's more than four times around the earth!
-  There are 250,000 sweat glands in a pair of feet. No wonder they can get so stinky!
-  Most people have one foot that is bigger than the other. Which one of yours is bigger?